

# Mount Morris Senior Center News Letter

**HAPPY  
FATHER'S  
Day!**

**June & July 2017**

**mmseniorcenter.com**



## **Galena Wine Tasting & Shopping Trip**

Wed, June 7th, 2017

Prices: Bus only \$37 for members, \$40 for non-members  
Bus & Wine Tasting \$52 for members, \$55 for non-members.

**\*\*Price does not include lunch\*\***

The bus will be leaving the Brethren Church at 10:00 am and return to Mt Morris around 6:00 pm

## **Congratulations**

Congratulations to Crete LeFevre, who won the regional spelling bee in Dixon. Crete will now compete in the state level on August 14 at the Illinois State Fair. If any one would like to go and cheer for Crete, we may car pool to Springfield. August 14 is senior day so admission is free. Please let us know if you are interested.

## **Thank You Members and Donors!**

On behalf of our membership committee and board members we'd like to thank our many members for their support over the past years. We not only value your membership, but your dedication, loyalty and continued support to our senior center, as well.

Since July 2016 we have several new members. They are Bobbi Jo & Greg Brandon, Kathy Clark, Patricia Claussen, Janet Lawrence, Bill & Cindy Nicholson, Eugene McGee, Kim Vickers and Serenity Hospice House. We thank you for your support and look forward to seeing you at one of our many activities and events.

We also would like to thank all our donors for your commitment to helping seniors maintain their independence as long as possible. Your generous donations help meet the needs of seniors in our community by offering health & educational programs, socialization through daily activities and events, and valuable services that help seniors navigate the sometimes complicated federal and state programs available to them.

## **Easy Freezer Meals: Enjoy Now and Later**

**Demonstrated by,**

**Marilyn Csernus, Nutrition Educator  
of University of Illinois Extension**

**Monday, July 24, 1pm**

Do you have recipes you'd like to try, but they make way too much food for the 1 or 2 in your household? Or do you like the idea of cooking some nights and letting the freezer provide the meal on other nights? Easy freezer meals might be the solution! Join University of Illinois Nutrition, Wellness Educator, Marilyn Csernus, on July 24, 1:00pm, who will demonstrate tips and tricks for making easy, delicious freezer meals. A packet of freezer meal recipes to try at home will also be provided. Register by calling the Senior Center at 815-734-6335 by Thursday, July 21st.

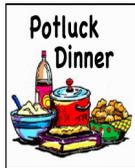
This class is free to Senior Center members, \$2.00 for non-members.

## **Holiday Bus Trip, "Pop, Rock, and Soul Christmas"**

Tuesday, December 12th, join in on the fun of Christmas songs made famous across the decades. Michael Bruccoleri will make you smile with the likes of Elvis, Dean and Sinatra. Mary Pfeifer brings you Karen Carpenter, Brenda Lee a little Eartha Kitt and many more. Covering all of you Christmas favorites, their voices blend in beautiful harmonies as they sing. Trip includes lunch, show and transportation, \$75 members, \$80 non-members. Limited seating available; so make your reservation early by calling Mt. Morris Senior Center at 815-734-6335, by Friday, Nov 10th.

## Walking Club Brunch

Boogie Brunch at 10:30am, Friday, June 2.  
All members of walking club, bring a healthy dish to pass and get to know the other walkers.



## Monthly Potluck

June 16, 5:30 pm

Host: Linda Swisher

Program: Hale Guyer on Scams

### July there will be no potluck

Please bring a dish to pass and your own table service.

## Rules of the Road

Monday, June 12 & Tuesday, June 13  
12 pm to 4 pm, Mt. Morris Senior Center

Cost: \$15 for AARP members  
\$20 for non members.

Make checks payable to AARP

Phone: 815-734-6335 to register

An 8 hour class for 50 and over designed specifically to meet the needs of older drivers. You may receive a discount on your car insurance when you take this class.

## Creative Coffee Cups

Monday, June 19, 10:30-11:30 am.

Personalize your own coffee cup with Kayla.

Cost \$3.00 per cup, supplies and instruction included.

Register by June 16, call 815-734-6335

Attention music fans, there will be no Jam Session in June, we are setting up for our LFR supper. See flyer for details.

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Join us Wednesday, July 26, at 10:30. Bring your instruments & voices or just come listen. All ages welcome & if you're hungry, lunch will be served at noon for \$4.00

## Bingo & Birthday Party

June 21, Free Bingo 10:30,  
Lunch 11:30



Cost \$6, Menu: Baked Cod, roasted cauliflower, roll, cake & ice cream

Make reservation by June 16, call 815-734-6335

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July 19, Free Bingo 10:30, Lunch 11:30,

Cost \$6, Menu: BLT, broccoli salad, pea salad, cake and ice cream.

## June & July Fundraisers

June 14, Ice cream social, Kable Band

June 28, Let Freedom Ring Supper

July 14, Friday night concert, Lyle Grobe  
(classic country)

Aug 4, Friday night concert, Shindig (oldies)

## Free Community Breakfast

Monday, June 5, 8-10:30am

Bring a friend and join our community for a delicious FREE hot breakfast and friendly conversation.

All ages welcome, you do not have to be a member of the Senior Center.

# **Mt. Morris Kable Band**

## **Ice Cream Social**

sponsored by:

**Mt. Morris Senior Center,**

**Wednesday, June 14, 2017**

**Start serving at 7:00 pm**

**Concert at 8:00 pm**



**Bring your own lawn chairs**

Proceeds are used to help provide programs and services to  
seniors in our community.

# Mount Morris Senior Center

## Annual Level of Giving

### Membership per individual

Supporting- — - - - - - - - \$25

Contributing- - - - - - - - \$35

Sustaining- - - - - - - - \$50

Sponsor per individual- - - \$100

Or Organization

Seniors on the Move,

Caring,

Sharing,

& Serving

### Life membership levels

Silver- - - - - - - - \$500

Gold- - - - - - - - \$1000

Please make checks payable to:

Mt. Morris Senior Center

9 East Front Street

Mt. Morris, Il. 61054

### Circle of Friends Support

Name \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_

Spouse \_\_\_\_\_

Amount of gift \_\_\_\_\_

The above levels of giving is a suggestion, any support given is very welcome and appreciated. All gifts are tax deductible to the limit the law allows.

Date of application:

Date entered in system:

# Let Freedom Ring Fundraiser Supper

Mount Morris Senior Center,

June 28, 2017,

4:30– 7:00 pm

Menu includes:

BBQ Sandwich or Hot Dog

Baked Beans

Potato Chips

Homemade Pie

Coffee, Lemonade or Water

Adults \$8

Kids 5-12 \$5, Under Five Free



Mt. Morris Senior Center

9 East Front

Mt. Morris, Il. 61054

Phone: 815-734-6335

# June 2017



Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 Wii or bags 10:00	2 Fitness Cl 9-10 Boogie Brunch 10:30 Mex. Train 12:30pm	3
4 AA Mtg. 7 pm	5 Free Breakfast 8-10:30 Fitness Cl 9-10 Hand & Foot 12:30	6	7 Fitness Cl 9-10 Bis & Gravy 8-10:30 Bridge 1 Ship 1-3	8 Wii or bags 10:00 Am Legion 7 Girl Scouts	9 Fitness Cl 9-10 Mexican Train 12:30pm	10
11 AA Mtg. 7pm	12 Fitness Cl 9-10 Rules of the Road.12-4 Hand & Foot 12:30	13 Rules of the Road 12-4 pm	14 Fitness Cl 9-10 Biscuits & Gravy 8-10:30 Grt. Cards 10:30 Bridge 1, Ship 1-3 <b>Ice cream Social Fundraiser 7pm</b>	15 Board Mtg. 8 Wii or bags 10:00	16 Fitness Cl 9-10 Mexican Train 12:30pm Potluck 5:30	17
18 <b>HAPPY FATHER'S DAY!</b> AA Mtg. 7 pm	19 Fitness Cl 9-10 Creative Cups 10:30am Hand & Foot 12:30	20	21 Fitness Cl 9-10 Biscuits & Gravy 8-10:30 Bingo 10:30 B/lunch 11:30 Bridge 1, Ship 1-3	22 Wii or bags 10:00 Girls Scout Mtg.	23 Fitness Cl 9-10 Mexican Train 12:30pm	24
25 AA Mtg. 7 pm	26 Fitness Cl 9-10 Hand & Foot 12:30	27	28 Fitness Cl 9-10 Biscuits & Gravy 8-10:30 Bridge 1, Ship 1-3 <b>LFR supper 4:30-7 pm</b>	29 Wii or bags 10:00	30 Fitness Cl 9-10 Mexican Train 12:30pm	

Mt. Morris Senior Center

9 East Front St

Mt. Morris, Il. 61054

Phone:815-734-6335

# July 2017



Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2 AA Mtg. 7 pm	3 Fitness Cl 9-10 Hand & Foot 12:30	4 Closed 4th of July	5 Fitness Cl 9-10 Biscuits & Gravy 8-10:30 Ship 1-3 pm Bridge 1 pm	6 Wii or Bags 10	7 Fitness Cl 9-10 Mexican Train 12:30	8
9 AA Mtg. 7 pm	10 Fitness Cl 9-10 Blood Pressure 10 Hand & Foot 12:30	11	12 Fitness Cl 9-10 Biscuits & Gravy 8-10:30 Grt Cards 10 am Ship 1-3, Bridge 1	13 Wii or Bags 10 Am Legion 7 Girls Scout Mtg.	14 Fitness Cl 9-10 Mexican Train 12:30 <b>Concert Fund- raiser 7pm</b>	15
16 AA Mtg. 7 pm	17 Fitness Cl 9-10 Homemade Sugar Scurbs 10:30 Hand & Foot 12:30	18	19 Fitness Cl. 9-10 Biscuits & Gravy 8-10:30 Bingo 10:30 B/Lunch 11:30 Ship 1-3 Bridge 1	20 Board Mtg. 8am Wii or Bags 10	21 Fitness Cl 9-10 Mexican Train 12:30 <b>No Potluck</b>	22
23 AA Mtg. 7 pm	24 Fitness Cl 9-10 U of I Easy Meal Class 1pm Hand & Foot 12:30	25	26 Fitness Cl.9-10 Biscuits & Gravy 8-10:30 Jam Session 10:30 Ship 1-3 Bridge 1	27 Wii or Bags 10 Girl Scout Mtg.	28 Fitness Cl 9-10 Mexican Train 12:30	29
30 AA Mtg. 7 pm	31 Fitness Cl 9-10 Hand & Foot 12:30					

I am willing to provide our Senior Center with the following to help with summer fundraising;

**Provide**

**Kable Band Concert,  
Ice Cream Social  
Wednesday June 14**

Name \_\_\_\_\_

Phone \_\_\_\_\_

**Need:**

**9 Home made Pies**

**Bring to Kable Campus  
by 6:00 pm, Wednesday June 14**

(cut here, mail or bring to center)

Please respond ASAP

**Provide**

**Let Freedom Ring Supper  
Wednesday June 28**

Name \_\_\_\_\_

Phone \_\_\_\_\_

**Need:**

**22 Home made Pies**

**30# Ground Beef**

**Bring ground beef to the center by  
noon June 26**

**Bring pies to center by 3:00 pm  
Wednesday June 28**

(cut here, mail or bring to center)

Please respond ASAP

**Provide**

**Friday Band Concert  
Friday July 14**

Name \_\_\_\_\_

Phone \_\_\_\_\_

**Need:**

**23# Ground Beef**

**10 hamburger buns, pks of 8**

**Bring to center by Wednesday  
noon July 12**

(cut here, mail or bring to center)

Please respond ASAP

**Provide**

**Friday Night Concert  
Friday August 4**

Name \_\_\_\_\_

Phone \_\_\_\_\_

**Need:**

**40# Pork Roast**

**10 hamburger buns, pks of 8**

**Bring to center by Thursday  
noon August 2**

(cut here, mail or bring to center)

Please respond ASAP

Mt. Morris Senior Citizens Council, Inc.  
9 East Front St.  
Mt. Morris, Il.. 61054  
Phone: 815-734-6335  
Fax: 815-734-4665

Non Profit Org..  
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Need Transportation:

Call: Rock River Center: 815-732-3252 or 800-541-5479

Lots (Lee-Ogle Transportation) 815-288-2117 or 888-239-9228